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Troy, N.C. 27371**Phone:** 910-572-1393**Website:** http://www.montgomerycountync.com/health_department.html**Project:** Educational Resources and Folic Acid Vitamins*****Below are excerpts from their final report*****

About the Project: With the grant award, the Montgomery County Health Department updated its health education classroom materials. In particular, because of the 16 updated DVDs that we purchased in both English and Spanish, we will be able to serve both English and Spanish speaking patients who come into the health department for services. Previously, many of our educational videos were outdated and information was inaccurate. We also did not have videos/DVDs on subjects such as HPV, weight control, diabetes and heart disease. This is a population of clientele that can now be educated with up-to-date information while they are in the clinic.

Successes: The biggest impact has been seen in our maternity and family planning clinics, especially in regards to DVDs such as “Contraceptive Choices” , “HPV” , and “Postpartum Care” (that also discusses postpartum depression). Though we also hand out brochures and written information, our patients state that they prefer to learn from watching DVDs along with reading materials. Because the videos are relatively short in duration (none are over 30 minutes and most are 10 to 15 minutes), all of our patients are willing to take the time to watch them. It is very important in public health that we are consistently providing updated and current information in areas of women's health such as pregnancy, family planning, healthy nutrition, maintaining healthy weight, and sexual health.

Because we have received the N.C. Healthy Start Foundation Community Grant, we feel very confident in the educational information that we are now able to provide for our patients at the Montgomery County Health Department. We feel that we have been able to create an environment that is more conducive to learning and in regards to our goal, we feel that our patients will become more empowered with knowledge of their own health issues and needs.